

MAY 2023

CLARK SCHOOL DISTRICT

BREAKFAST



All breakfasts are served with fruit, juice and milk.
All snacks cook's choice in May.
Menus are subject to change.
There will be last minute choices at the end.



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cereal
Toast and Jelly

1

Mini French Toast

2

Cinnamon Toast
Crunch Bar

3

Mini Bagels

4

Cinco De Mayo
Breakfast Burrito

5

SCHOOL LUNCH HERO DAY!!

Mini French Toast

8

Cereal
Toast and Jelly

9

Cinnamon Toast
Crunch Bar

10

Mini Bagels

11

Breakfast Burrito

12

Chef's Choice

15

Chef's Choice

16

Chef's Choice

17

Chef's Choice

18

Chef's Choice

19

Chef's Choice

22

Chef's Choice

23

Chef's Choice

24

Chef's Choice

25

Chef Choice

26

NO SNACK

Memorial Day

29

HAVE A
WONDERFUL
SUMMER!

30

SNACKS ARE
COOK'S CHOICE ALL
MONTH

31

